GOVERNMENT CHANDULAL CHANDRAKAR ARTS AND SCIENCE COLLEGE PATAN, DURG (C.G.)

REPORT OF THE EVENT

Program Name- NUTRITIONAL AWARENESS PROGRAM

Date 06.09.2022

SN	POINTS	PROGRAM DETAILS
1 2 3 4	Name of the Program* Date of the Program* Organized by* Organizing Committee	NUTRITIONAL AWARENESS PROGRAM 06.09.2022 NSS IQAC and NSS
5	Chief Guest of the program	Ward Parshad of Akhra
6	Convenor of the Program	DrPushpa Minj
7	Number of participants*	Dir ushpu vini)
8	Number of Beneficiaries	List attached
9	Other participatents	Women workers active in the field of Nutrition awareness
10	Summary of the Program*	Adequate nutrition is an important aspect of a healthy lifestyle for all individuals. Nutritional awareness was defined as self-perception of the importance assigned to eating balanced meals, and classified as high, moderate, or of little importance. Initially, a General Linear Model was fit that adjusted for age, sex, country of birth, and body mass index (BMI). Under the best practices of the IQAC and regular and extension activity of NSS in the adopted village, the NSS unit organized the NUTRITIONAL AWARENESS program. In this program many benefits of fruits and nutritional habits were discussed. The NSS volunteers gave the knowledge to rural women. Dr. Pushpa Minj was the organizer.
11	Web link of the program, if	
	any	
12	Weblink of the Press Report	

ORGANIZER (Dr. Pushpa Minj) COORDINATOR, IQAC (Dr. Sadhna Rahatgaonkar) PRINCIPAL (Dr. B.S. Chhabra)









